# PR Field Hockey Spring Meeting

# Meeting Minutes

April 18, 2017

1. Call to order

Susan Shepard called to order the PR Field Hockey Spring Coach and Booster meeting at 7:30pm on April 18, 2017 at the Pine Richland High School LGI room.

1. Roll call

Susan Shepard and Coach Steve asked all attendees to sign in and verify parent and player contact information.

The following persons were present:

Booster: Susan Shepard (President), Linda Metzmaier (Vice President), Laura Pavlecic (Treasurer) Gary Napotnik (Secretary)

Coaches: Donna Stephenson (Varsity Coach); Laura Peery (Varsity Assistant Coach), Rachel Mastromarino (JV Coach), Charlie Bronovan (JV Assistant Coach)

Guests: Brad Spencer, Jack Neff (Next Level Sports Training representatives)

1. Coach Business

Summer Conditioning – Brad Spencer of Next Level Sports Training shared format of summer conditioning program. Coach Stephenson also noted that players conditioning on their own should focus on interval training vs. distance and to avoid road running due to uneven payment and risk of injury. Registration information for summer conditioning will be distributed later.

Coach Steve then discussed in detail the following:

1. Spring Clinic – Coach Stephenson reminded players of the Spring Clinic for grade K-8 Coach Stephenson asked players to promote the clinic in their neighborhoods as registration to date was low.
2. Physicals and Concussion Testing – Coach Stephenson noted that information has not posted yet and that information will be emailed once announced. Coach Stephenson pointed out that all physicals must be after June 1, 2017.
3. Philosophy and Expectations – Coach Stephenson shared the philosophy and expectations of participating on a High School team. Coach Stephenson emphasized that PRFH is not a recreational or club team. The PRFH Varsity squad will field a competitive team with best players starting and getting playing time as their goal is to win. The PRFH Junior Varsity purpose is to develop the squad and noted that playing time is fair which may not mean equal. Coach Stephenson also noted an opportunity for movement between Varsity and Junior Varsity
4. 1000s Club – Coach Stephenson presented the 1000s Club as mandatory as players gain ability to handle the ball with confidence and practice/stick time differentiates hockey players on the field. Forms will be turned in on the first day of tryouts.
5. Summer League – Coach Stephenson shared Summer League and Summer Stick Time information. Summer Stick Time will be run and communicated by senior outreach to underclassmen.
6. Team Camp – Coach Stephenson recommended that all high school students, including upcoming Freshmen attend the team camp.
7. Summer Socials and Team Bonding – Coach Stephenson asked each class to organize a fun summer socials and bonding events. Seniors, Juniors and Sophomores will take the months of June, July and August respectively.
8. Tryouts and Pre-Season – Coach Stephenson reviewed the dates, times and locations of tryouts and pre-season practices.
9. Fall Schedule Preview – Coach Stephenson noted that the fall schedule has not yet been released. Coach Stephenson will work through turf time constraints with the athletic office, noting that some late evening practices will be required.
10. Policies
    1. Communication Coach Stephenson shared the new coach communication policy. There will be no one-to-one communication. If texts are sent, coaches will not respond. Email communications, in both initiation and replies should have both parent and player addresses. PRFH will use Remind App for communication purposes.
    2. Disciplinary - Coach Stephenson also noted that PRFH will follow the disciplinary action imposed at the discretion of the high school principals.
    3. Attendance – Coach Stephenson indicated that players and parents should avoid conflicts in season and noted that everything in season is mandatory. Attendance conflicts should be communicated 2 weeks in advance via email. Coach Stephenson communicated that players will not start next game if they miss a practice, players are to arrive on time and that practices will end on time.
11. Coaches left the room with the Seniors and were not present for the Booster meeting
12. Booster business
13. Booster Budget – Laura Pavlecic presented the proposed 2017-2018 Field Hockey Booster Budget noting that the budget reflected revisions to prior year events and expenses: Team Apparel, Welcome Picnic, Team Pictures, Car Wash, Concessions, Spaghetti Dinner, Senior Recognition, Play for the Cure, and team banquet. Also at this time Susan requested parents to sign up for all of these activities and committees. As no questions were raised, a motion to approve the budget was requested. A motion was made and approved by all in favor.
14. New Booster Officer – Susan Shepard introduced current sitting officers and shared the open positions on the board for 2017-2018. Susan asked if there were any other interested parties for the open board positions and no one was interested. As no questions were raised, a motion to approve the new board members listed below was requested. A motion was made and approved by all in favor of the following new board members for 2017-2018. These posts will start in July 2017.

President: Dave Rottinghaus

Vice President: Elmarie van Dyk

Treasurer: Patricia O’Connor

Secretary: Gary Napotnik

1. Susan Shepard introduced the need to change the change our bylaws to reflect a better and more effective overall operation. The current by-laws require the Treasurer and one other board member to sign any checks that are over $150. The board proposed to change this to over $250.

Rationale: The treasurer does keep a monthly reconciliation for the budget

The checks are for approved budget items. New items would require a vote per the by-laws. In the past 2 yrs., the checks that fell in this category were for concession items. As no questions were raised, a motion to approve the bylaw update was requested. A motion was made and approved by all in favor.

1. Adjournment

Susan Shepard adjourned the meeting at 8:00pm.

Minutes submitted by: Gary Napotnik