TEAM GOLDEN TRIANGLE FHC 2018 SUMMER PROGRAM

The Team Golden Triangle Field Hockey Club 2018 Summer Program will begin in June (first session is June 3) and will run through the second week in August (last session is August 12) minus two sessions off due to holidays; the training schedule is as follows:

- Sundays, 1:30-3:00 pm
- Wednesdays, 6:30-8:00 pm

Training sessions will be held at:

Winchester Thurston School
Garland Field (Entrance is off of Ellsworth Avenue)

Sessions will cover fundamental to advance skills and concepts of the outdoor game including passing, receiving, tackling, group attacking and defending, goal scoring and goal tending, leading, tracking, 2D and 3D elimination skills, aerials, positioning, deception, tomahawk, penalty corner, penalty stroke, shootout, playing systems.

Summer dues are **\$425**. Please complete online <u>registration form</u> and bring payment to first session or mail to **TGT FHC c/o K. Tan, PO Box 16200**, **Pittsburgh, PA 15242**. Please feel free to contact us regarding any questions, comments, or feedback that you may have.



