

Pine-Richland Field Hockey * Field Player 1000's Club * Summer 2018

		Dribbling	Pulls & Dodges	Lifts & Overheads	Push, Hit, Sweeps & Chip	Shots, Strokes & Drag Flicks
Week 1	Jun-04					
	Jun-05					
	Jun-06					
	Jun-07					
	Jun-08					
Week 2	Jun-09					
	Jun-10					
	Jun-11					
	Jun-12					
	Jun-13					
Week 3	Jun-14					
	Jun-15					
	Jun-16					
	Jun-17					
	Jun-18					
Week 4	Jun-19					
	Jun-20					
	Jun-21					
	Jun-22					
	Jun-23					
Week 5	Jun-24					
	Jun-25					
	Jun-26					
	Jun-27					
	Jun-28					
Week 5	Jun-29					
	Jun-30					
	Jul-01					
	Jul-02					
	Jul-03					
Week 5	Jul-04					
	Jul-05					
	Jul-06					
	Jul-07					
	Jul-08					
Subtotal Weeks 1-5:						

		Dribbling	Pulls & Dodges	Lifts & Overheads	Push, Hit, Sweeps & Chip	Shots, Strokes & Drag Flicks
Week 6	Jul-09					
	Jul-10					
	Jul-11					
	Jul-12					
	Jul-13					
Week 7	Jul-14					
	Jul-15					
	Jul-16					
	Jul-17					
	Jul-18					
Week 8	Jul-19					
	Jul-20					
	Jul-21					
	Jul-22					
	Jul-23					
Week 9	Jul-24					
	Jul-25					
	Jul-26					
	Jul-27					
	Jul-28					
Week 10	Jul-29					
	Jul-30					
	Jul-31					
	Aug-01					
	Aug-02					
Week 10	Aug-03					
	Aug-04					
	Aug-05					
	Aug-06					
	Aug-07					
Week 10	Aug-08					
	Aug-09					
	Aug-10					
	Aug-11					
	Aug-12					
Subtotal Weeks 6-10:						
Total Weeks 1-10:						

Name: _____

Grade: _____

Signature: _____