

Pine-Richland Field Hockey Code of Conduct

I have read and I agree to abide by the procedures and expectations set forth in this Code of Conduct. I understand that I am expected to perform according to this code and I understand that there will be sanctions and penalties if I do not, which may lead to my removal from the team.

Player Signature: _____ Date: _____

Parent Signature: _____ Date: _____

Return only this page and retain the other pages for your record.

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The Pine-Richland Field Hockey Team has terms and conditions of its players, beginning with the Pine-Richland School District (PRSD) Discipline Code:

1. Pine-Richland School District Discipline Code

- All players must adhere to the PRSD Discipline code, specifically noted:
 1. Anti-Bullying Policy (PRSD School Board Policy #249 and #222)
 2. Weapons (PRSD School Board Policy #218.1)
 3. Drugs and Alcohol and Tobacco (PRSD School Board Policy #227)
 4. Steroids (PRSD School Board Policy #227)
 5. Unlawful Harassment (PRSD School Board Policy #248)
 6. Hazing (PRSD School Board Policy #247)
- Disciplinary options for violations of the PRSD Discipline Code are distinguished by level of infraction and consequences are outlined in the Discipline Code.
- Violations are subject to the discretion of the high school principals; Field Hockey follows what is imposed by them.
- A player's status on the team may be affected as a result, and playing time is the Coaches' discretion.

2. Academic Eligibility

- To be eligible for interscholastic athletics, student athletes must be in good academic standing. A student who does not meet PIAA eligibility standards will not be permitted to participate.

3. Attendance

- Players must be in attendance by 10:30 a.m. in order to participate in a game or practice on that day.
- Avoid conflicts in season.
- Everything in season is mandatory (including off-the-field team events).
- **Players are required to promptly notify their Coach in advance of any absence, as soon as known, at least 2 weeks via email.**
- Missing practice results in the player not starting the next game, and playing time is the Coaches' discretion.
- Excessive tardiness, early departures, or absences may result in dismissal from the team.
- Like schoolwork, a player still responsible for what was missed if absent.

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5. Timeliness

- Players are expected to be on time for every practice and game.
- Players must be on the field (or bus) and ready to go with all equipment on, water, etc. at the designated time.
- Players who need attention from the sports medicine trainers must still report on time. Arrive at the training room with sufficient time to ensure being on time.

6. Other Athletic Interests

- Coaches see the value in players having other athletic interests outside of the field hockey season. However, during the field hockey season, players are expected to put priority to field hockey.
- Days off are designated rest days to provide players time to recover and rest for upcoming practices and games.
- Players are not permitted to participate in the Pine-Richland Powderpuff Football game.

7. Player Transportation

- Pine-Richland School District athletic rules require that student athletes travel to and from athletic contests with their team when transportation is provided by the school district.
- In order to depart from this requirement, the parent must file an Athletic Travel Release Form with the Coach / Athletic Office. This form is available on the district web-site and on the team web-site.
- Requests will be handled on an individual basis and MUST be approved by the Coach prior to game-day.
- A student athlete will not be permitted to drive his/her own vehicle or to transport other students to and from his/her athletic contests when school transportation has been provided.

8. Conduct

- Always be respectful and supportive of your coaches and teammates. Listen when others are speaking and wait respectfully for your turn to speak.
- Behave in a courteous and respectful manner to your teammates and coaches and game officials.
- Demonstrate sportsmanship to opposing players and coaches.
- Players are expected to remove their trash from the bus and playing fields. No one is permitted to leave until conditions are deemed acceptable by the coaches.

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9. Social Media

- Players must be cognizant that information or images they post on the various social media networks (Twitter, Facebook, Instagram, etc.) are a direct reflection on the Pine-Richland Field Hockey program.
- Players need to represent our program with honor and dignity.

10. Reporting of Injury

- All injuries must be reported to both the Head Varsity or JV Coach and the Athletic Trainer.
- If the injury requires medical attention by a doctor, the player must obtain the doctor's written permission to return to the activity.
- If a player is under a doctor's care (physician, oral surgeon, etc.) for any reason, they must submit, in writing, a note from their doctor that clears them to participate.
- The Athletic Trainer reserves the right to hold a player from participating in practice or games.

11. Equipment

- All players are expected to assist with all team equipment including balls, cones, goal cages, water and ice, etc. Goalies are responsible for their own equipment.
- No player is permitted to leave the field until all equipment is picked up and put away. Players traveling home with their parents from away games cannot leave until all equipment is on the bus.

12. Team Communication

- Players are expected to stay current with team news, handouts, scheduling changes, etc. by checking their email daily.

13. 24-Hour Waiting Period and Chain of Command

- Players are encouraged to address any concerns including playing time directly with their coaches.
- A 24-hour waiting period is requested before raising a concern.
- Appropriate concerns for parents to discuss with coaches:
 - Treatment of their child
 - Ways to help their child improve
 - Concerns about their child's behavior

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- Concerns not appropriate for parents to discuss with coaches:
 - Playing time, positions, assignments
 - Team strategy
 - Play calling
 - Other student athletes
- Coach/Parent Meeting - If a parent would like to have a meeting with any of the coaches, the coaching staff requests one day's notice. Your daughter should also attend the meeting. Please contact Coach Donna Stephenson at coachsteve@prfieldhockey.com.
- After the immediate Coach, the chain of command is the Head Coach, the Athletic Director, and then the Principal.

14. Considerations for Parents

- Support the student's desire to play their chosen sport.
- Encourage players to obey all rules and lead by example.
- Be respectful of all players, coaches, officials, opponents, and other parents.
- Be supportive of the entire team.
- Unsportsmanlike, demeaning, disrespectful behavior or comments at games, practice, and meetings will not be tolerated and may result in the parent being dismissed from the game and the student dismissed from the team after review by the Coach and Athletic Director.

15. Penalty for Violation

- Upon an infraction of the Code of Conduct, the Coaching staff and the Athletic Director shall meet to determine the penalty according to the degree of the infraction.