



SUMMER FIELD HOCKEY

7th Annual Summer Program

Girls Grades 1-12 (Fall 2013)

Pine-Richland High School Stadium

Thursdays * 6/20, 6/27, 7/11, 7/18, 7/25, 8/1 * (not 7/4)

6-7pm * Grades 1-6

7-8pm * Grades 7-12

8pm-Dark * Open Play * Grades 7-12 and above

Fees: \$70, T-shirt included

- Players from beginner to varsity level are invited to join our summer field hockey program. Prior experience not required. Players will be grouped by grade and ability.
- Former PRFH players now playing in college run the sessions. **PRFH Rising Seniors are invited to help coach.**
- **LEAGUE FUN** – Prizes awarded for contests such as silly sock week, crazy hair night, get soaked sessions, and water balloon launches. Girls earn High-5 Awards with a corresponding trip to the prize bin. **FUN is guaranteed!**
- Players are **NOT** required to attend all weeks to participate.
- Sessions for Grades 1-6 will include drills for skills and game play.
- Sessions for Grades 7-12 will build upon the fundamentals and also include advanced skills and greater emphasis on game play.
- Required Equipment - field hockey stick, shin guards, mouth guard.
**** Sticks are available for loan.**



Register Online at www.pryc.org/Field-Hockey.html

QUESTIONS? Email Donna Stephenson at coachsteve@prfieldhockey.com