

Pine-Richland Field Hockey * Field Player 1000's Club * Summer 2015

		Dribbling	Pulls & Dodges	Lifts & Overheads	Push, Hit, Sweeps & Chip	Shots, Strokes & Drag Flicks
Week 1	Jun-15					
	Jun-16					
	Jun-17					
	Jun-18					
	Jun-19					
Week 2	Jun-20					
	Jun-21					
	Jun-22					
	Jun-23					
	Jun-24					
	Jun-25					
	Jun-26					
Week 3	Jun-27					
	Jun-28					
	Jun-29					
	Jun-30					
	Jul-01					
	Jul-02					
	Jul-03					
Week 4	Jul-04					
	Jul-05					
	Jul-06					
	Jul-07					
	Jul-08					
	Jul-09					
	Jul-10					
Week 5	Jul-11					
	Jul-12					
	Jul-13					
	Jul-14					
	Jul-15					
	Jul-16					
	Jul-17					
Jul-18						
Jul-19						
Subtotal Weeks 1-5:						

		Dribbling	Pulls & Dodges	Lifts & Overheads	Push, Hit, Sweeps & Chip	Shots, Strokes & Drag Flicks
Week 6	Jul-20					
	Jul-21					
	Jul-22					
	Jul-23					
	Jul-24					
Week 7	Jul-25					
	Jul-26					
	Jul-27					
	Jul-28					
	Jul-29					
	Jul-30					
	Jul-31					
Week 8	Aug-01					
	Aug-02					
	Aug-03					
	Aug-04					
	Aug-05					
	Aug-06					
	Aug-07					
Week 9	Aug-08					
	Aug-09					
	Aug-10					
	Aug-11					
	Aug-12					
	Aug-13					
	Aug-14					
Aug-15						
Aug-16						
Subtotal Weeks 6-9:						
Total Weeks 1-9:						

Name: _____ Grade: _____

Signature: _____